

Sanger High School Athletics

Information for Incoming 9th Graders

Welcome to Sanger High School Athletics! We look forward to you joining the Apache athletic family! We believe that athletics is an important part of a student's education and can help make the next four years some of the best you'll ever have. Students and parents should understand that participation in athletics is a privilege, not a right, afforded to those individuals who possess the ability, attitude, cooperative spirit and desire to represent their school and community. Athletic programs require special standards and expectations in the area of academics, citizenship, training, rules and sportsmanship.

What must students do in order to participate in SHS Athletics?

- Must have a 2.0 GPA from previous grading period
- Must follow the Apache Code of Conduct for Student-Athletes
- Must obtain a Blue Card (clearance card) from Athletic Office.
- In order to get a Blue Card students must have the following information turned into the Athletic Office:
 - Athletic Packet
 - Emergency Card
 - Eligibility Form
 - Physical Form (current)
 - Insurance Information
 - Cardiac arrest and concussion awareness forms
 - Acknowledgment Form Signed

Grades will be checked every grading period (6 weeks). Student-Athletes failing to maintain a minimum of a 2.0 GPA will jeopardize their eligibility to participate in athletics. Students must have a current completed athletic packet in the athletic office on file in order to go out for an athletic team, No Exceptions.

Sports Offered by Season

Fall (August-November)

Football
Girls Volleyball
Girls Tennis
Boys and Girls Cross Country
Boys and Girls Water Polo
Girls Golf

Winter (November-February)

Boys and Girls Soccer
Boys and Girls Basketball
Boys and Girls Wrestling

Spring (February-May)

Baseball
Softball
Boys and Girls Track
Boys and Girls Swimming
Boys Volleyball
Boys Tennis
Boys Golf
Girls Badminton
Girls Lacrosse

Important Dates

June 11, 2018	Many athletics programs begin summer workouts/practices/conditioning
July 23, 2018	First official day of football practice
July 30, 2018	First official day of practice for other fall sports (contact coach for pre-season conditioning)
August 13, 2018	Parent Night - 6:30 PM in SHS MPR
August 16, 2018	First Day of School

Summer Athletics Info

Coach	Sport	Email Address	Season	Typical Summer Sessions		
Jorge Pena	Varsity Football	jorge_pena@sanger.k12.ca.us	Fall	M - Th	5:30 AM - 7:45 AM	Weight Room and Grass by Softball Field
Nathan Ely	JV Football	nathan_ely@sanger.k12.ca.us	Fall	M, W, F T, Th	6:00 AM - 7:15 AM 2:30 PM - 3:30 PM	Weight Room and Grass by Softball Field
Paul Hernandez	Frosh Football	paul_hernandez@sanger.k12.ca.us	Fall	M, W, F	6:00 AM - 9:00 AM	Weight Room and Grass by Softball Field
Trevor Schmidt	Girls and Boys Golf	trevor_schmidt@sanger.k12.ca.us	Fall/Spring	T, Th	2:30 PM - 5:00 PM	Sherwood Golf Course
Sarah Keener	Girls Volleyball	sarah_keener@sanger.k12.ca.us	Fall	M-F	3:00 PM - 6:00 PM	Small Gym or WAMS Gyms
Sean Marzolf	Cross Country	sean_marzolf@sanger.k12.ca.us	Fall	M, W T, Th, F	6:00 AM - 8:00 AM 7:30 AM - 10:00 AM	Room 101, Weight Room, or Community
Jeremy Warkentin	Girls and Boys Tennis	jeremy_warkentin@sanger.k12.ca.us	Fall/Spring	T - Th	8:00 AM - 10:00 AM	Tennis Courts
Hillary Boos	Girls Water Polo	hillary_boos@sanger.k12.ca.us	Fall	M, W	7:00 AM - 9:00 AM	Sanger High Pool
Brian Kratlian	Boys Water Polo	brian_kratlian@sanger.k12.ca.us	Fall	M, W	7:30 PM - 9:30 PM	Sanger High Pool
Al Alvarado	Boys Basketball	al_alvarado@sanger.k12.ca.us	Winter	M-F	4:30 PM - 8:00 PM	Small Gym or WAMS Gyms
David Campbell	Girls Basketball	david_campbell@sanger.k12.ca.us	Winter	M, W	6:00 PM - 8:00 PM	Small Gym or WAMS Gyms
Alex Gutierrez	Boys Soccer	gutierrez.lx@gmail.com	Winter	T, Th	6:00 PM - 8:00 PM	Grass by Softball Field
Sarah Bartley	Girls Soccer	sarah_bartley@sanger.k12.ca.us	Winter	M, W	2:30 PM - 5:30 PM	Grass by Softball Field
Narciso Juarez	Boys and Girls Wrestling	narciso_juarez@sanger.k12.ca.us	Winter	M, T, Th	5:30 PM - 7:00 PM	Wrestling Room
David Cuellar	Baseball	david_cuellar@sanger.k12.ca.us	Spring	M-F	2:00 PM - 5:00 PM	Varsity Baseball Field
Scott Okada	Boys Volleyball	scott_okada@sanger.k12.ca.us	Spring	T, Th	2:30 PM - 4:30 PM	Small Gym or WAMS Gyms
Joel Howard	Swimming	joel_howard@sanger.k12.ca.us	Spring	TBA		
Erica Pennington	Softball	erica_pennington@sanger.k12.ca.us	Spring	TBA		
Clay Manning	Track and Field	clay_manning@sanger.k12.ca.us	Spring	TBA		
Allison Parks	Badminton	allison_parks@sanger.k12.ca.us	Spring	TBA		